

CERTIFICATE OF PARTICIPATION

This is to certify that

Mary Bothma

Has successfully participated & completed the

5km Shift Wellness - Trail Run, The Shift Series

held at Walter Sisulu Garden.

TIME 01:03:58

PACE 12:46/km **OVERALL** 75 of 97

GENDER 46 of 66 50 - 59 6 of 12

outTime

Signature

23 June 2019, Sun Date